



Physical Education

At Holmwood we shape our PE curriculum to ensure it is fully inclusive to every child. Our aims are to fulfil the requirements of the National Curriculum for PE; providing a broad, balanced and differentiated curriculum; ensuring the progressive development of PE knowledge and skills; and for the children to develop a love for Physical Education.

Curriculum Intent

At Holmwood, we strive for a high quality PE curriculum, which develops the pupil's curiosity and passions through various team sports and individual activities. We ensure there are many cross curriculum links such as elements of geography (cross-country), maths (score recording) and science (the human body). We also want children to develop deeper skills: Such as being a good team player, dealing with losing and winning well by managing their emotions and supporting peers. We want children to enjoy participating and learning through a range of activities and lessons, not just through experiences in school, but also with the use of workshops and educational visits. We provide opportunities for consolidation, challenge and variety to ensure interest and progress in the subject. This includes consideration of how the intended curriculum will address social disadvantage by addressing gaps in pupils' knowledge and skills, how leaders have sequenced the curriculum to enable pupils to build their knowledge and skills towards the agreed end points

Curriculum Implementation

In ensuring high standards of teaching and learning in PE, we implement a curriculum that is progressive throughout the whole school. Focusing on knowledge and skills stated in the National Curriculum and the Development Matters documents. At Holmwood, we ensure that PE has the same importance given to it as the core subjects, as we feel this is important in enabling all children to gain 'real-life' experiences and a great insight of why it is important to live a fit and healthy lifestyle. For example we visit out of school sporting tournaments, take part in sporting workshops, horse riding and swimming lessons.

We realise the importance of revisiting and consolidating skills and building on prior knowledge alongside introducing new skills and challenge. Across EYFS, KS1 and KS2, children have a range of opportunities to experience PE through practical

engaging tasks in the classroom, sports hall, school field and out of school tournaments.

In order to enable pupils to understand key concepts, information is presented clearly and appropriate discussion is promoted and teachers check pupils' understanding effectively, identifying and correcting misunderstandings, ensure that pupils embed key concepts in their long-term memory and apply them fluently

Curriculum Impact

The impact and measure of this is to ensure that children at Holmwood are equipped with PE skills and knowledge that will enable them to be ready for the curriculum at Key Stage 3 and for life as an adult in the wider world. Pupils will be able to make relevant links from PE to other curriculum subjects and we will support pupils to speak confidently about their own skills and knowledge. Pupils are able to participate in a variety of ways. We encourage pupils to have a commitment to keeping fit and healthy by making positive choices.

We want the children to have thoroughly enjoyed learning and hopefully encourage them to undertake new life experiences now and in the future.

We will ensure a well-constructed, well-taught curriculum is delivered through showing good results and performance in PE which will be a reflection of what pupils have learned. Learning builds towards a goal which is are tournaments and sports days, also and written work collected from PE.